

Zara's Creative Dance Choreography Planner

Learning objective: To compose and perform a dance sequence that demonstrates control, expression, and a clear structure.

Use this planner to help Zara the zebra organise your dance routine. Think about how you will move to the beat and what story your dance tells. Fill in each section to prepare your performance for the class.

Word bank: rhythm · staccato · fluid · tempo · sequence · level · transition · choreography · expression

1. Dance Concept: What is the theme or 'story' of your dance? Describe the mood you want to create. (2 marks)

2. The Sequence: List three movements you will use (e.g., jump, spin, stretch). How will you move between these actions? (3 marks)

3. Use of Space: Describe how you will use different levels (low, medium, high) and directions (forwards, backwards, sideways) during your dance. (3 marks)

4. The Rhythm: How does your movement match the tempo of the music? Will your actions be fast and sharp or slow and smooth? (2 marks)

5. Refining the Piece: If you were to perform this for Max the monkey, what is one thing you could change to make the dance more exciting? (2 marks)

Extension challenge: Try performing your dance sequence twice. The first time, focus on getting the steps correct. The second time, focus on your facial expressions and how you 'show' the audience the emotion of the music.