

Leo the Lion's Kindness Advent Planner

Learning objective: To understand how small acts of kindness can benefit our school and local community.

Leo the Lion believes that kindness is the greatest strength of all! Use this template to plan your own 'Kindness Advent'. For each day leading up to the end of term, choose a simple, thoughtful action you can perform to help others. Remember: a kind act doesn't have to cost any money; it is all about your time, your words, and your actions.

Word bank: thoughtful · supportive · generous · considerate · community · appreciation · helpful · encouraging

1. Kindness Goal: Describe one way you could show kindness to a friend or classmate this week. (2 marks)

2. Community Impact: How might your chosen act of kindness make someone else feel, and how does that make you feel? (3 marks)

3. Budget-Free Giving: List three ways you can be kind that do not involve spending money (e.g., helping a neighbour, writing a note). (3 marks)

4. Overcoming Challenges: What could you do if you feel too shy or busy to complete your planned act of kindness? (2 marks)

5. Reflection: Looking back at your plan, why do you think it is important to show kindness even when no one is watching? (4 marks)

Extension challenge: Create a 'Kindness Chain' by writing each of your planned acts on a strip of coloured paper, looping them together, and hanging them in your classroom to track your progress throughout the month.