

The Kindness Advent Challenge with Pip and Leo

Learning objective: To understand the impact of intentional kindness and plan small, actionable steps to support others within the school and home community.

Read the scenarios carefully and think about how you can show kindness. Use your best handwriting and explain your thoughts clearly.

Word bank: empathy · support · thoughtful · generosity · community · appreciation · encouragement · inclusivity

1. Pip the caterpillar is making a 'Kindness Advent' list. Suggest two small, free acts of kindness Pip could do for a classmate who is feeling lonely at break time. (2 marks)

2. Leo the lion wants to write a 'thank you' note to someone who helps our school community. Who would you choose to write to, and what specific reason would you give for your appreciation? (2 marks)

3. Sometimes, being kind means spending money. If you had £2.00 to spend on a small gift for a neighbour, what would you buy and why is it a thoughtful choice? (2 marks)

4. Define the word 'empathy'. How does showing empathy help us succeed in our goal of a Kindness Advent? (3 marks)

5. Imagine a friend is struggling to finish their maths puzzle. Explain how you would use encouraging words to help them without just giving them the answer. (2 marks)

Draw: Draw a 'Kindness Tree'. On the branches, draw pictures or write words representing the acts of kindness you plan to complete during your own Kindness Advent.



Extension challenge: Create a 5-day Kindness Advent schedule. For each day, write one specific action you will take to make someone else's day brighter. Include one action for home, one for school, and one for your local neighbourhood.