

Staying Safe and Making Smart Choices

Learning objective: To understand how to identify risks, recognise trusted adults, and make safe decisions in different environments.

Read each question carefully and use your knowledge of personal safety to answer. Remember to think about what Max, Kit, and Leo would do to stay safe!

Word bank: Trusted adult · Emergency · Consent · Online safety · Risk · Boundaries · Help

1. Max the monkey is playing at the park when a stranger asks him to help look for a lost pet in a wooded area far away from his parents. Why is this a risk, and what should Max do? (2 marks)

2. List three examples of people who you would consider a 'trusted adult' if you were feeling unsafe or worried. (3 marks)

3. Kit the fox is playing a game online. Someone he does not know in real life asks him for his home address and school name. Explain why Kit should not share this information. (2 marks)

4. Leo the lion is at the local swimming pool. He sees a sign that says 'No Diving'. Why do we have safety rules like this in public places? (2 marks)

5. If you are in a shop and you realise you have become separated from the person you are with, what is the best first step to take to stay safe? (1 mark)

Draw: Draw a 'Safety Map' of your home or school. Mark the places where you feel most comfortable and add a small symbol (like a star) to show where you would go if you needed to find a trusted adult.

A large, empty rectangular box with a thin black border, intended for a student to draw a 'Safety Map' of their home or school. The box is currently blank.

Extension challenge: Write a short 'Safety Pledge' that you could share with your class. Include three rules you promise to follow to keep yourself and your friends safe both at school and when you are playing outside.