

Understanding Prayer: A Vocabulary Guide

Learning objective: To understand the meaning of prayer and identify the different ways people communicate with God or a higher power across different faiths.

Key Vocabulary

Use this mat to help you learn key terms about prayer. The words are grouped into 'Types of Prayer', 'How People Pray', and 'Prayer Spaces and Objects'.

Petition A prayer asking God for help with s...	Intercession A prayer asking for help or heal...	Thanksgiving A prayer used to say thank y...
Adoration A prayer of praise, telling God ho...	Confession A prayer where someone admits...	Meditation Focusing the mind deeply on a s...
Contemplation Quiet, wordless prayer wher...	Ritual A set of actions carried out in a specifi...	Posture The position of the body during pra...
Kneeling Resting on the knees to show resp...	Prostration Lying flat on the ground as a sig...	Chanting Repeating a word or phrase rhyth...
Sacred Something that is holy, special, and t...	Shrine A holy place dedicated to a specific d...	Prayer Mat A small rug used by Muslims to ...
Rosary A string of beads used by Catholics ...	Prayer Wheel A handheld cylinder used in B...	Altar A sacred table used in many religions f...
Faith A strong belief in God or the doctrines ...	Spirituality A personal sense of connection ...	If you wanted to t...
What is the differ...	Why do you think...	Name two objects...
Imagine you are v...		