

Exploring Prayer: How and Why People Pray

Learning objective: To understand and describe the different ways and reasons why people use prayer in their faith.

Use the sentence starters and prompts below to write your own explanation about prayer. Think about what prayer is, who might do it, and how it makes people feel.

Prayer is a way that many people around the world communicate with a higher power or God.

Word bank: faith · meditation · petition · gratitude · sacred · peaceful · connection · tradition · furthermore · similarly · consequently

1. What is prayer? [Prayer can be described as...]

2. Why do people choose to pray? [Some people pray because...]

3. What are some different ways people pray? [Depending on their faith, some people might...]

4. Where do people often go to pray? [Many people find it easier to pray in...]

5. How might someone feel after they have prayed? [After praying, a person might feel...]

6. Do you think prayer is the same for everyone? [I believe that prayer is...]

Extension challenge: Can you explain the difference between a prayer of 'thanksgiving' (saying thank you) and a prayer of 'petition' (asking for help)?