

Nova's Amazing Anatomy Adventure!

Follow Nova the owl on a journey through the human body—it's time to discover how we turn food into fuel!

- The oesophagus is a long muscular tube that acts like a slide, carrying food from the mouth down to the stomach.
- Inside the stomach, food is mixed with special juices that break it down into a thick, energy-rich liquid.
- The small intestine is where the body absorbs all the useful nutrients from our food to keep our muscles and brains working.
- The large intestine is the final stage, where the body absorbs water and prepares any leftover waste to leave the body.
- Humans have different types of teeth: incisors for biting, canines for tearing, and molars for grinding food down.
- Eating a balanced diet with plenty of fruit, vegetables, and water helps our digestive system stay happy and healthy.

Did you know? Did you know? Even before you swallow your first bite, digestion begins in your mouth! Your teeth break food into smaller pieces, and your saliva starts to soften it so it can travel down to your stomach.

Key vocabulary: Oesophagus · Stomach · Small intestine · Large intestine · Digestion · Nutrients · Incisors · Canines · Molars