

Florence Nightingale: The Lady with the Lamp

Step into Social Studies / History: Discover the Heroine of the Crimean War!

- Florence Nightingale was born in 1820 and decided to become a nurse, even though it was not considered a suitable career for a wealthy woman at the time.
- During the Crimean War in 1854, she travelled to the Barrack Hospital in Scutari to care for wounded soldiers.
- She noticed that soldiers were dying from poor conditions, so she insisted on cleaning the hospital floors and washing the bedding regularly.
- Florence earned her famous nickname, 'The Lady with the Lamp', because she walked the hospital wards at night to check on the soldiers, carrying a small lantern.
- After the war, she founded the Nightingale Training School for nurses, which changed how hospitals were run all over the world.

Did you know? Did you know? Florence Nightingale was a brilliant mathematician! She used charts and graphs to prove that better hospital hygiene could save lives, and she was the first woman to be elected to the Royal Statistical Society.

Key vocabulary: Sanitation · Hygiene · Crimean War · Nursing · Scutari · Statistics