

My Kindness Advent Plan

Learning objective: To plan a series of kind actions to perform during the Advent season, understanding how small acts impact our school and local community.

Use this writing frame to design your Kindness Advent. Think about how you can help your friends, family, and neighbours. Remember that kindness is about being thoughtful and helpful without expecting anything in return.

This December, I am going to make my advent season meaningful by focusing on one small act of kindness every single day.

Word bank: furthermore · in addition · consequently · thoughtful · generous · community · impact · selfless · positive · on the other hand

1. Introduction: Why is it important to be kind to others during the festive season? Start by saying: I believe that being kind is important because... (2 marks)

2. My Kindness Goals at School: What are two things you can do to help a classmate or teacher? Start by saying: At school, I plan to... (2 marks)

3. My Kindness Goals at Home: How can you show appreciation to your family? Start by saying: At home, I will show kindness by... (2 marks)

4. The Ripple Effect: How might your kind actions make someone else feel? Start by saying: When I perform these acts, I hope that others will... (2 marks)

5. Reflection: How does helping others make you feel inside? Start by saying: Helping others makes me feel... (2 marks)

Extension challenge: Create a 'Kindness Calendar' grid for the 24 days leading up to the holidays. Write one specific action for each day, such as 'write a thank you note' or 'help clear the table after dinner'.