

Building Healthy Relationships: Class 4 Vocabulary Mat

Learning objective: To understand and use key vocabulary related to positive relationships, communication, and emotional wellbeing.

Key Vocabulary

Use this vocabulary mat to help you express your feelings and understand how to be a good friend. The words are grouped into categories: 'Communication', 'Emotions and Empathy', and 'Building Connections'.

Max is trying to b...	Why is 'active list...	Define 'empathy' ...
What does it mea...	If you have a 'con...	