

Introduction to Sikhism

Learning objective: To understand the core beliefs, symbols and practices of the Sikh faith.

Max the monkey is helping to organise a community exhibition about world religions. Use your knowledge of Sikhism to answer the questions below and help Max complete the display!

Word bank: Gurdwara · Guru Nanak · Khanda · Langar · Equality · Seva

1. Who was the founder of Sikhism and what was his main message about how people should treat one another? (2 marks)

2. What is the name of the Sikh place of worship, and what is one thing you would usually do when entering one? (2 marks)

3. Sikhs believe in 'Langar'. Explain what this is and why it is an important part of their faith. (3 marks)

4. The Khanda is an important symbol in Sikhism. Describe what the Khanda looks like or what it represents. (2 marks)

5. Sikhs believe in 'Seva'. If you were practising Seva in your own school or local community, what is one kind action you could do for others? (2 marks)

6. Why do many Sikh men and women wear a turban (Dastar)? (2 marks)

Draw: In the box below, draw a picture of a Gurdwara or the Khanda symbol. Use bright colours to make your drawing stand out for Max's exhibition!



Extension challenge: Research the 'Five Ks' (the five articles of faith). Can you list three of them and explain why they are worn by initiated Sikhs?