

Staying Safe Online: Kit's Digital Safety Flashcards

Learning objective: To understand the importance of online safety, how to protect personal information, and what to do if something online makes you feel uncomfortable.

Use these flashcards to test your knowledge about staying safe on the internet. Read the front of the card, think of your answer, then check the back!

What is 'Personal Information' and why should you keep it private?

Personal information is details that identify you, such as your full name, home address, school name, and telephone number. Keep it private so strangers cannot find you or contact you in real life.

What makes a strong password?

A strong password should be long, use a mix of letters, numbers, and symbols, and should never be shared with anyone except your parents or guardians.

Who is a 'Trusted Adult' you can talk to if something online worries you?

A trusted adult is someone you feel safe talking to, such as a parent, carer, teacher, or another family member who can help you resolve a digital problem.

What should you do if you receive a message that makes you feel sad, scared, or uncomfortable?

You should tell a trusted adult immediately, not reply to the message, and use the 'block' or 'report' tools provided by the website or app.

What is a 'Digital Footprint'?

A digital footprint is the trail of information, comments, photos, and 'likes' you leave behind every time you use the internet. It is important to be kind and careful because this trail can last a long time.

What does it mean to 'Block' someone online?

Blocking is a tool that stops a specific person from being able to see your profile, send you messages, or interact with you on a website or game.

Why is it important to check your 'Privacy Settings'?

Privacy settings allow you to control who can see your profile and posts. Checking them helps ensure that only your friends and family can see your activity instead of the whole world.

Is it okay to play games or chat with someone you have only met online?

No. You should never meet up with someone you only know from the internet, as they may not be who they say they are.

What is 'Cyberbullying'?

Cyberbullying is using the internet, mobile phones, or games to deliberately hurt, upset, or embarrass someone else. If you see it happening, report it and tell an adult.

How can you tell if a website is secure?

Look for a small padlock icon in the address bar at the top of the browser, which shows the connection is private and secure.