

Saving Our Planet: A Guide to Sustainability

Join Finn the Dolphin to discover how we can keep our world healthy and green!

- **Sustainability** means using the Earth's resources carefully so that there is enough left for people in the future.
- The 'Three Rs' are Reduce, Reuse and Recycle. Reducing means using less of something, like turning off the tap while brushing your teeth.
- **Renewable** energy comes from sources that won't run out, such as the wind, the sun and flowing water.
- **Biodiversity** is the variety of all living things on Earth. Protecting forests and oceans helps keep animals and plants safe.
- **Plastic** pollution in our oceans can harm sea creatures. Using a reusable water bottle instead of a single-use plastic one helps Finn and his friends!
- **Composting** organic waste, like vegetable peelings, creates nutrient-rich soil for plants to grow without using harmful chemicals.

Did you know? Did you know? One single recycled aluminium can save enough energy to power a television for about three hours! Every small action helps our planet.

Key vocabulary: Sustainability · Renewable · Biodiversity · Conservation · Pollution · Eco-friendly