

Year 4 PE: Dance Fundamentals

Learning objective: To understand and define key vocabulary used in dance composition and performance.

Read the front of each card to test your knowledge of dance terms. Flip the card to check if your definition matches the one provided.

What is 'Unison' in dance?

When two or more dancers perform the exact same movements at the exact same time.

What is 'Canon' in dance?

When dancers perform the same movement one after another, like a ripple effect.

Define 'Dynamics' in dance.

The energy, force, or quality of a movement (e.g., sharp, smooth, heavy, or light).

What does 'Tempo' refer to in a dance routine?

The speed at which the music or the movements are performed.

What is a 'Pathway' on the floor?

The route or pattern a dancer makes while moving across the floor (e.g., zig-zag, straight, or curved).

What are the three 'Levels' used in dance?

High (reaching up), Medium (standing), and Low (crouching or floor work).

What is 'Choreography'?

The art of creating and arranging the sequence of movements for a dance.

What is a 'Sequence' in a dance?

A series of movements linked together to create a small section of a dance.

What is a 'Transition' in a routine?

The movement or link used to get from one section of a dance to the next.

What is 'Space' in dance?

The area the dancer occupies and the direction they are facing.

Max the monkey is dancing quickly and sharply. What is he demonstrating?

He is using fast tempo and sharp dynamics.

Zara the zebra is creating a pattern on the floor. What is she using?

A pathway.