

Mastering Net and Wall Games

Get Ready, Get Set, Play: Reach for the Point!

- The main objective of a net game is to hit the ball over the net so that it lands within the boundaries of the opponent's court.
- Moving quickly to the centre of the court after every shot helps you cover more space and react faster to your opponent's return.
- Using your eyes to track the ball's trajectory helps you judge exactly where it will land, giving you more time to get into position.
- Communication is essential when playing doubles; talk to your partner to decide who takes the shot and who covers the court.
- A 'rally' is the period of play from the initial serve until the point is won, showing the importance of consistency and patience.

Did you know? Did you know? In net and wall games, the goal is to make the ball or shuttlecock land in your opponent's court in a way that they cannot return it. This is often called 'placing' the ball, and it requires great focus and quick thinking!

Key vocabulary: Rally · Trajectory · Court · Baseline · Volley · Accuracy