

The Ingredients of a Great Friendship

Learning objective: To understand the characteristics of healthy friendships and how to show kindness and respect to others.

Max the monkey is helping his friends learn how to be a brilliant 'Friendship Baker'. To build a strong friendship, we need the right 'ingredients'. Sort the behaviours below into two baskets: 'Friendship Flour' (actions that help a friendship grow) and 'Wobble Weed' (actions that might hurt a friendship). Write each behaviour into the correct column.

Word bank: Listening carefully · Interrupting when someone speaks · Sharing toys and games · Calling someone unkind names · Being honest and truthful · Including others in your game · Taking things without asking · Apologising when you make a mistake

1. Choose one item from your 'Friendship Flour' list. Explain why this action is important for making a friend feel happy and valued. (2 marks)

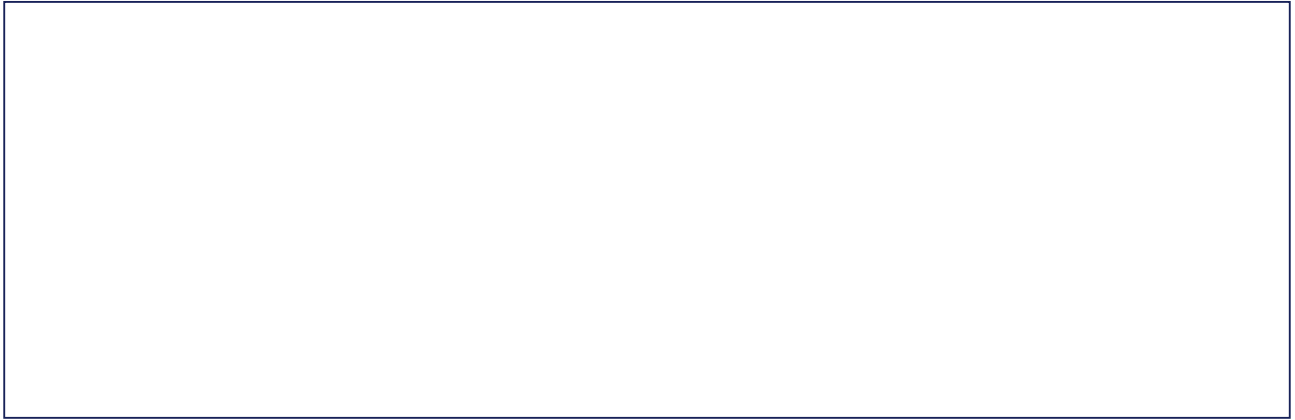
2. If a friend is feeling sad or left out, what is one kind thing you could do or say to help them feel better? (2 marks)

3. Imagine you and a friend both want to play with the same item at the same time. What is a fair way to solve this problem? (2 marks)

4. Why is it important to apologise if you accidentally hurt a friend's feelings? (2 marks)

5. Max says that friendship is like a garden. If you 'plant' kindness, what kind of 'flowers' (results) do you think will grow in your friendship? (2 marks)

Draw: Draw a 'Friendship Recipe Card'. At the top, draw yourself and a friend doing something you both enjoy. Around the edges, draw symbols or pictures of the 'ingredients' that make your friendship special, such as a heart for kindness or a speech bubble for good communication.



Extension challenge: Write a short 'Friendship Poem' for Leo the lion. In your poem, describe three things you do to be a good friend to others in your class.