

The Pillars of Great Friendship

Be a Buddy, Build a Bond: Friendship Starts with You!

- Kindness is like a boomerang; the more you throw out to your friends, the more comes right back to you.
- Trust is built when we keep our promises and show our friends that they can rely on us.
- Active listening means giving your friend your full attention when they are speaking to you.
- Respect means valuing your friend's opinions, even when they are different from your own.
- A true friend celebrates your successes and supports you when you find things tricky.

Did you know? Did you know? Research shows that having positive friendships can actually boost your mood and help you feel more confident when trying new things at school! Just like Leo the Lion leads his group with care, good friends help each other grow.

Key vocabulary: Empathy · Trust · Respect · Cooperation · Honesty · Kindness