

My Friendship Profile: A Guide by Leo the Lion

Learning objective: To understand the qualities of a positive friendship and how to be a supportive friend.

Leo the Lion is looking for new members for his adventure team! Reflect on what makes a great friend and how you can show kindness to others. Fill in the boxes below to build your 'Friendship Profile'.

Word bank: trustworthy · kindness · supportive · honest · respectful · loyal · empathy · cooperative · reliable

1. Qualities of a Good Friend: Describe three important qualities that make a person a great friend, and explain why each one matters to you. (3 marks)

2. Acts of Kindness: List two specific things you could do this week to show a friend that you care about them or to help someone feel included. (2 marks)

3. Handling Disagreements: If you and a friend have a small argument or disagree on a game to play, what is the best way to solve the problem peacefully? (2 marks)

4. Being a Good Listener: Why is listening just as important as talking when you are spending time with a friend? (2 marks)

5. My Friendship Goal: Write one target you have for yourself to be an even better friend at school this term. (1 mark)

Extension challenge: Imagine Leo the Lion is hosting a friendship picnic. Write a short invitation to a friend explaining why you value your friendship with them and what games you would like to play together.