

Building Bright Friendships

Learning objective: To understand the qualities of a healthy friendship and how to resolve simple conflicts using empathy.

Read each question carefully and write your answers in the space provided. Remember to think about how your actions and words affect others.

Friendship is like a garden; it needs care, patience, and kindness to grow. Whether you are working on a project with Max the monkey or sharing a story with Pip the bookworm, being a good friend means listening, helping, and being there when things get tricky.

Word bank: empathy · cooperation · kindness · trust · honesty · communication · forgiveness

1. Max the monkey and his friend want to play a game, but they both want to play something different. What is one fair way they could decide what to play? (2 marks)

2. Explain why 'honesty' is an important part of a friendship. What might happen if a friend is not being honest? (2 marks)

3. If you notice that a classmate is sitting alone at lunch, what could you do or say to show kindness? (2 marks)

4. Sometimes friends have a disagreement. Why is it important to listen to your friend's side of the story before getting angry? (2 marks)

5. List two qualities from the word bank that you think are the most important for a long-lasting friendship and explain why. (2 marks)

Draw: Draw a picture of yourself and a friend working together on a collaborative project. Include three 'friendship flowers' in the background, each labelled with a quality that makes a great friend (e.g., 'sharing', 'listening', 'support').



Extension challenge: Write a short 'Friendship Recipe'. List the ingredients (qualities) needed to make a perfect friendship and write a set of instructions on how to mix them together to keep a friendship strong.