

Building Bridges: A Guide to Friendship

Learning objective: To identify the qualities of a good friend and understand how to maintain positive, respectful relationships.

Use this writing frame to explore what friendship means to you. Think about how you treat others and how a good friend makes you feel. Use the word bank to help your sentences flow smoothly.

True friendship is like a garden; it needs care, patience, and kindness to help it grow strong.

Word bank: kindness · trustworthy · loyal · supportive · in addition · on the other hand · consequently · for instance · nevertheless · respectful · empathy

1. What are the three most important qualities a friend should have, and why are these qualities essential for a strong friendship? Start your paragraph with: In my opinion, the most vital qualities of a true friend are... (2 marks)

2. Describe a time when you or a friend showed kindness to someone else. How did that action change the situation? Start your paragraph with: A time I witnessed true friendship was when... (2 marks)

3. Disagreements can happen between friends. What is the best way to resolve a conflict calmly? Start your paragraph with: When friends disagree, the best way to solve the problem is to... (2 marks)

4. How can you be a supportive friend when someone is feeling sad or having a difficult day? Start your paragraph with: To support a friend who is feeling down, I could... (2 marks)

5. Reflect on how your friendships make your school life better. Start your paragraph with: Friendship makes my time at school better because... (2 marks)

Extension challenge: Write a short 'Friendship Recipe' card. List the ingredients (qualities) and the method (actions) needed to create a perfect, long-lasting friendship.