

Growing Up: Looking Back and Looking Forward

Learning objective: To identify and discuss the changes that happen as we grow, reflecting on our personal journey and future goals.

Use this writing frame to explore your personal journey of growing up. Think about how you have changed, what you have learnt, and what you are looking forward to in the future. Use the word bank to help your writing flow.

Growing up is a journey that starts the moment we are born, and it is fascinating to look back at how much we have changed since we were small.

Word bank: previously · furthermore · consequently · in the future · a significant change · when I was younger · as I have matured · nevertheless · my ambition is

1. Reflecting on the past: When I was younger, I used to struggle with... but now I have learnt to... (2 marks)

2. Identifying changes: A significant change in my personality or skills since I started school is... (2 marks)

3. Developing independence: As I grow older, I am taking more responsibility for my own actions by... (2 marks)

4. Future goals: In the coming years, I am excited to develop my skills in... because... (2 marks)

5. Advice to my younger self: If I could go back in time, I would tell my younger self that... (2 marks)

Extension challenge: Ask your parents or an older relative about a challenge they faced when they were your age. Write a short paragraph comparing their experience with your own.