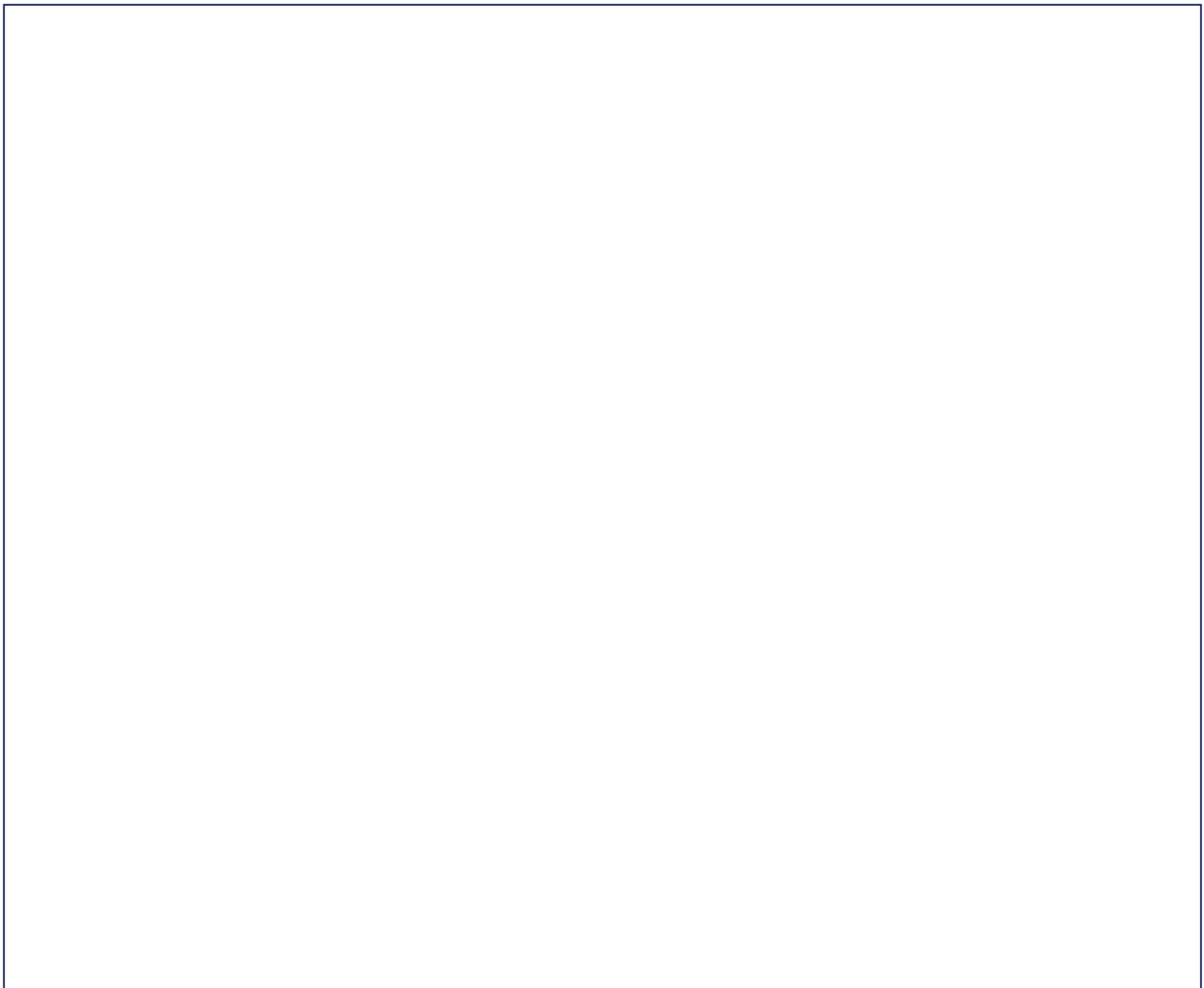


Buddhism: The Path to Peace

Learning objective: To identify and represent key symbols and concepts of Buddhism, including the Dharma Wheel and the importance of mindfulness.

Max the monkey is helping us explore Buddhism! Create a peaceful scene that shows how Buddhists seek happiness and kindness. Follow the steps to build your drawing, then use the word bank to label the important parts of your picture.

Draw: A serene, colourful composition featuring a central figure meditating, surrounded by a blooming lotus flower and a Dharma Wheel in the sky, set within a peaceful natural landscape.



Label words: Dharma Wheel · Lotus Flower · Meditation · Peace · Mindfulness · Kindness

Steps:

1. Step 1: In the centre of your page, draw a person sitting quietly with their eyes closed in meditation. Label this 'Meditation'.
2. Step 2: Around the person, draw a beautiful Lotus flower. This represents purity and rising above difficulties. Label the 'Lotus Flower'.
3. Step 3: Above the scene, draw a Dharma Wheel (a wheel with eight spokes). This represents the Eightfold Path. Label the 'Dharma Wheel'.

4. Step 4: Add symbols of nature around your drawing, such as trees or clouds, to show a calm environment. Label this area 'Peace'.
5. Step 5: Draw a small heart or a helping hand to show how Buddhists treat others. Label this 'Kindness'.
6. Step 6: Use a bright colour to draw a glowing circle around the person to show they are focused. Label this 'Mindfulness'.