

Buddhism: The Path to Peace Quiz

Learning objective: To demonstrate knowledge of the life of Siddhartha Gautama and key beliefs and practices in Buddhism.

Join Max the monkey as he solves this puzzle of knowledge! Read each question carefully and choose the correct answer. Good luck!

1. B, 2. True, 3. Siddhartha Gautama, 4. C, 5. False, 6. Meditation, 7. A, 8. True, 9. Enlightenment, 10. B

1. Where was the Buddha born? A) London B) India/Nepal* C) China D) Egypt (1 mark)

2. True or False: Siddhartha Gautama was born as a prince. (1 mark)

3. What was the original name of the Buddha? (1 mark)

4. What does the word 'Buddha' mean? A) The King B) The Strong C) The Awakened One* D) The Teacher (1 mark)

5. True or False: Buddhists believe that being greedy helps you find peace. (1 mark)

6. What is the name of the practice where Buddhists sit quietly to calm their minds and focus? (1 mark)

7. Which of these is a key Buddhist teaching? A) Kindness to all living things* B) Only being kind to friends C) Collecting as many toys as possible D) Being the loudest in the room (1 mark)

8. True or False: The Bodhi tree is the tree the Buddha sat under when he reached enlightenment. (1 mark)

9. What is the special word for the moment the Buddha discovered the truth about suffering and peace? (1 mark)

10. Which of these is a Buddhist place of worship? A) A Cathedral B) A Temple* C) A Mosque D) A Synagogue (1 mark)

Draw: Draw a picture of a peaceful Bodhi tree with the Buddha sitting underneath it in quiet meditation.



Extension challenge: Can you write a short poem or a 'Kindness Pledge' explaining how you can show compassion to other people and animals this week?