

Buddhism Discovery Fact-File

Learning objective: To understand the key beliefs, symbols, and the life of the Buddha in Buddhism.

Max the monkey has found a puzzle about different world religions! Use your knowledge of Buddhism to complete this fact-file. Fill in each section carefully to show what you have learned about Buddhist beliefs and practices.

Word bank: Siddhartha Gautama · Enlightenment · Meditation · Karma · Compassion · Lotus Flower · Dharma

1. The Story of the Buddha: Who was Siddhartha Gautama and what happened to him to make him the Buddha? (3 marks)

2. The Goal of Buddhism: What is 'Enlightenment' and why is it important to Buddhists? (2 marks)

3. Practising Peace: How do Buddhists use meditation to help their minds and hearts? (2 marks)

4. Doing Good: What is 'Karma' and how does it encourage people to be kind to others? (2 marks)

5. Sacred Symbols: Choose a Buddhist symbol (like the Lotus Flower) and explain what it represents. (2 marks)

6. Living the Teachings: If a Buddhist wanted to show compassion in school today, what might they do? (2 marks)

Extension challenge: Can you find out and write down one way that Buddhism is similar to another religion you have studied this year?