

# Understanding Hinduism Word Mat

*Learning objective: To identify and understand key terms, beliefs, and practices associated with Hinduism.*

## Key Vocabulary

*Use this mat to help you explore Hinduism. The words are grouped into Beliefs, Deities, and Places & Practices.*

|                                                         |                                                          |                                                          |
|---------------------------------------------------------|----------------------------------------------------------|----------------------------------------------------------|
| <b>Brahman</b> The belief in one supreme univers...     | <b>Atman</b> The soul, which Hindus believe is ete...    | <b>Samsara</b> The cycle of birth, death, and rebir...   |
| <b>Karma</b> The belief that every action has a co...   | <b>Moksha</b> The end of the cycle of rebirth, whe...    | <b>Dharma</b> Living a good, moral life and followi...   |
| <b>Vishnu</b> The Preserver, who protects the uni...    | <b>Shiva</b> The Destroyer, who clears away the o...     | <b>Ganesha</b> The elephant-headed god who re...         |
| <b>Avatar</b> A deity who takes a human or animal ...   | <b>Puja</b> The act of worship, which can happen a...    | <b>Mandir</b> The name for a Hindu temple.               |
| <b>Murti</b> A statue or image of a deity used to he... | <b>Diwali</b> The Festival of Lights, celebrating the... | <b>Holi</b> The Festival of Colours, celebrating spri... |
| <b>Om</b> A sacred sound and symbol representing...     | <b>Vegetarianism</b> Many Hindus avoid eating m...       | <b>If a person follow...</b>                             |
| <b>Explain the differ...</b>                            | <b>Which deity woul...</b>                               | <b>Why do some Hi...</b>                                 |
| <b>Describe how the ...</b>                             |                                                          |                                                          |