

Exploring Beliefs: Journeys and Hopes

Learning objective: To understand that different religions have diverse beliefs about what happens after death, including the concept of an afterlife and how these beliefs influence how people live their lives today.

Read the belief statements below. Some describe the idea of reincarnation (being born again in a new form), while others describe the idea of an afterlife in a heavenly realm. Sort these into the correct categories by writing the letter of the statement in the correct column of your table.

Word bank: Reincarnation · Afterlife · Soul · Cycle · Peace · Heaven · Spirit · Legacy

1. A: 'The soul moves from one life to another, like changing clothes, to learn new lessons.' (1 mark)

2. B: 'The soul enters a place of perfect peace and happiness after the life on Earth ends.' (1 mark)

3. C: 'Life is a circle of birth, death, and rebirth until the soul reaches a state of total understanding.' (1 mark)

4. D: 'People live one life, and after death, their spirit is reunited with a divine presence.' (1 mark)

5. E: 'If you could choose what you believe, which of these ideas brings more comfort to a person who has lost a loved one? Explain your choice using the word 'hope'.' (2 marks)

Draw: Draw a picture showing something that represents a cycle of life (like a seed growing into a flower and dropping a new seed) or a peaceful garden that represents a place of rest.



Extension challenge: Nova the owl is curious! Write a short poem or a paragraph explaining why you think it is important for humans to think about what happens after we die, and how these thoughts might change the way we treat people and the planet while we are here.