

Introduction to Sikhism Word Mat

Learning objective: To understand key beliefs, practices, and symbols of the Sikh faith.

Key Vocabulary

Use this mat to help you learn about Sikhism. The words are grouped into Beliefs, Places and People, and The Five Ks.

Guru A teacher or spiritual leader who guide...	Guru Granth Sah... The holy book of Sikhs,...	Gurdwara The Sikh place of worship.
Langar The free community kitchen in a Gur...	Sewa Selfless service, such as helping other...	Kirtan The singing of hymns and prayers to ...
Khanda The symbol of Sikhism, representing...	Kesh The practice of leaving hair uncut as a ...	Kara A steel bracelet worn to remind Sikhs of...
Kangha A small wooden comb used to keep ...	Kachera Special cotton undergarments that ...	Kirpan A small sword or dagger that represe...
One God The belief that there is only one Cr...	Equality The belief that all people are equal, ...	Dharma Living a righteous life by doing the r...
Amrit A special sugar-water syrup used in th...	Max wants to help...	Why is the Langar...
Which of the 'Five...	Explain the differ...	If you saw a Kha...