

Max's Guide to Healthy Teeth

Learning objective: To describe the functions of different types of human teeth and explain how to keep them healthy.

Use the writing frame below to help you explain how our teeth work and why we must look after them. Use the word bank to help your sentences flow.

Our teeth are amazing tools that help us eat, speak, and smile every single day.

Word bank: incisors · canines · molars · enamel · function · digestion · decay · consequently · furthermore · additionally · in contrast

1. Introduction: Briefly explain why humans need teeth. You could start with: Humans need teeth because... (2 marks)

2. Types of Teeth: Describe the different types of teeth and what they do. You could start with: There are three main types of teeth: incisors, canines, and molars. Firstly, incisors are used for... (3 marks)

3. The Process of Digestion: Explain how teeth help us digest food. You could start with: When we eat, our teeth break down food into smaller pieces, which is the first step of... (2 marks)

4. Looking After Teeth: Explain how to keep teeth healthy. You could start with: To prevent tooth decay, it is important to... (3 marks)

5. Conclusion: Summarise why it is important to look after our teeth for life. You could start with: In conclusion, keeping our teeth healthy is vital because... (1 mark)

Extension challenge: Research how the teeth of a herbivore (like an elephant) differ from the teeth of a carnivore (like a lion). Write a paragraph explaining why their diets make their teeth different.