

Exploring the Polar Regions

Join Finn the Dolphin on a frosty adventure to the top and bottom of the world!

- The Arctic is the region surrounding the North Pole, while the Antarctic is the region surrounding the South Pole.
- Polar regions experience extreme cold and have very long periods of daylight in summer and darkness in winter.
- Polar bears live in the Arctic (North), whereas penguins live in the Antarctic (South). They never meet in the wild!
- Glaciers are huge rivers of ice that move slowly across the land, carving out valleys as they go.
- Tundra is a vast, treeless plain where the subsoil is permanently frozen, known as permafrost.
- Climate change is causing polar ice to melt, which raises sea levels and affects the animals that live there.

Did you know? Did you know? The North Pole is located in the middle of the Arctic Ocean, but the South Pole is situated on a massive continent called Antarctica, which is covered in a thick layer of ice!

Key vocabulary: Arctic · Antarctic · Glacier · Permafrost · Tundra · Ice Cap · Axis