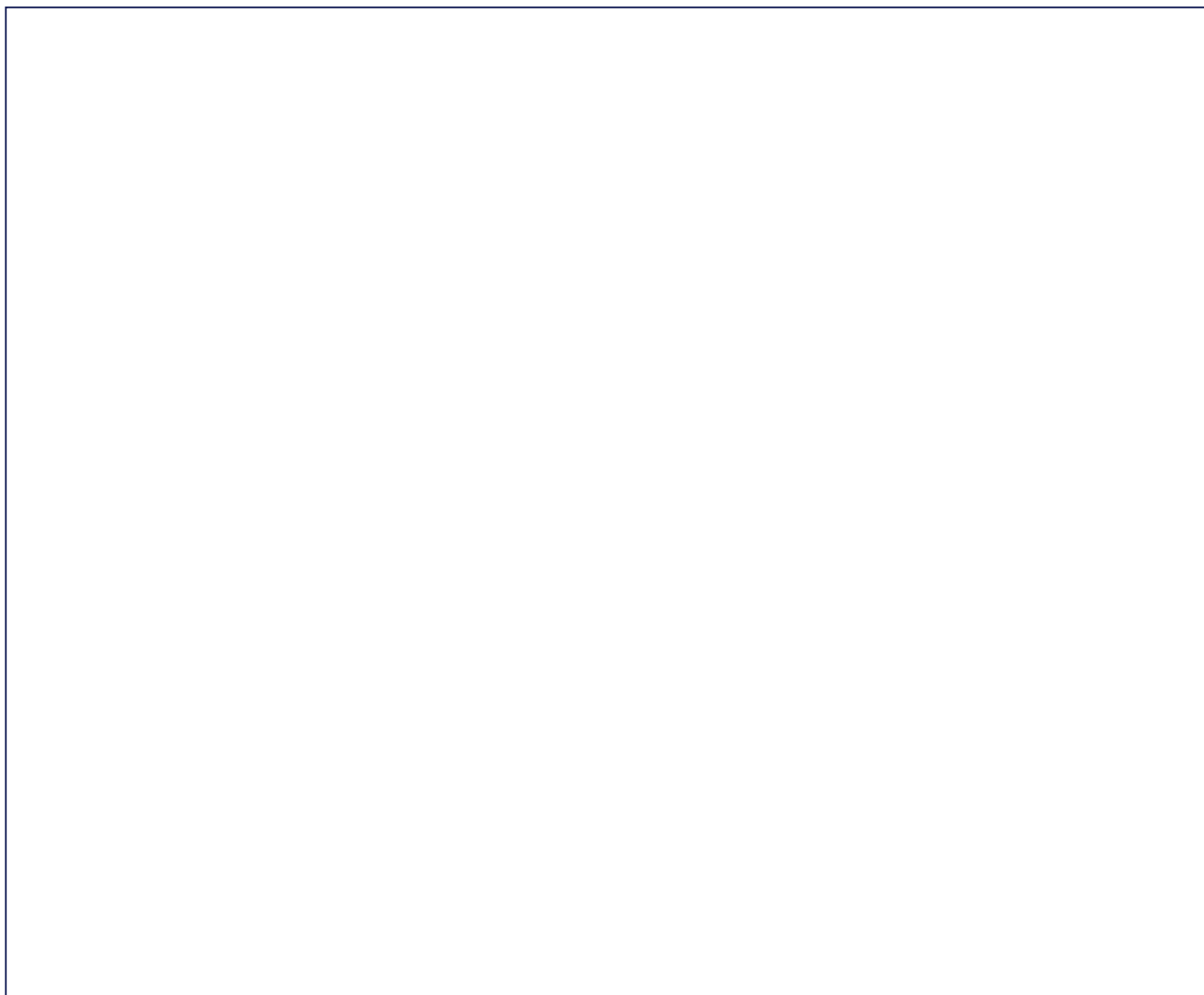


Dance Movements and Patterns

Learning objective: To explore and represent different dance styles and movements through creative illustration and labelling.

Follow the drawing prompt to create your dance scene. Once your drawing is finished, use the word bank to label the different movements and parts of your dancer's body. Make sure to think about how the body moves in space!

Draw: Draw a character (you can use Zara the zebra or a generic dancer) in the middle of a dance move. You must include: 1) The character in a dynamic pose. 2) A 'pathway' line on the floor showing where they have moved. 3) A background that shows the 'level' they are at (e.g., clouds for high, grass for low). Use clear lines to show the shape of the body.



Label words: Leap · Balance · Extension · Core · Posture · Symmetry · Fluidity · Level

Steps:

1. Label your drawing with two words from the word bank that describe how your character is moving.
2. If your character were to move from a high level (jumping) to a low level (crouching), what part of their body would they use to stay safe when landing?
3. Why is it important to maintain good posture while dancing? Explain in one sentence.
4. Draw an arrow on your picture to show the direction or pathway your character is traveling.

5. Look at Zara the zebra. If she were dancing, how could she use patterns to make her routine more interesting?