

Kindness and Community: A PSHE Assessment

Learning objective: To understand the importance of kindness, identify how actions affect others, and explain how to build a supportive community.

Read each question carefully. Answer in full sentences where required. Think about how our actions impact those around us.

Leo the Lion and his friends are organising a community picnic. Max the monkey is busy calculating how much food they need, while Zara the zebra is decorating the tablecloths with patterns. When Pip the caterpillar arrives, he is sad because he dropped his favorite book in a puddle. The group stops what they are doing to help Pip dry his pages and cheer him up before they share their lunch together.

Word bank: Empathy · Support · Inclusion · Respect · Positive · Consequence · Cooperation

1. Identify two kind actions that the group took to help Pip the caterpillar. (2 marks)

2. What does the word 'empathy' mean in the context of this story? (2 marks)

3. Explain why it is important to include everyone in group activities, like the picnic described above. (3 marks)

4. Give an example of a small, kind act you could do for a classmate this week. How might it make them feel? (3 marks)

5. Sometimes, people might be unkind without meaning to be. What is a polite way to tell someone that their words or actions have hurt your feelings? (4 marks)

6. If you saw a new student sitting alone at lunch, what steps could you take to be kind and helpful? Consider the impact of your actions on the school community. (6 marks)

7. Why do you think kindness is considered an important value in a community? (Total: /25) (5 marks)

Draw: Draw a picture of a 'Kindness Tree'. On the leaves, write or draw three acts of kindness that you have seen or done recently.



Extension challenge: Total: /25