

The Kindness Quest with Max and Pip

Learning objective: To understand the importance of kindness, empathy, and how our actions affect others in our community.

Read each question carefully. Choose the best answer or write your response in the space provided. Remember, even small acts of kindness make a big difference!

Answer Key: 1. B, 2. True, 3. True, 4. B, 5. Inclusion, 6. False, 7. A, 8. True, 9. C, 10. Empathy. Max and Pip remind us that kindness is like a ripple in a pond—one small act can spread joy to everyone around you!

Word bank: Empathy · Support · Inclusion · Respect · Compassion · Friendship

1. **1. Max sees someone sitting alone at lunch. What is the kindest thing to do? A) Ignore them B) Invite them to sit with you* C) Wait for them to leave D) Tell them to move. (1 mark)**
 2. **2. True or False: Being kind means treating others the way you would like to be treated. (1 mark)**
 3. **3. True or False: Kindness can include giving a genuine compliment to a classmate. (1 mark)**
 4. **4. If a friend is sad because they lost their favorite pen, what should you do? A) Laugh at them B) Offer to help them look for it* C) Tell them it is their own fault D) Walk away quickly. (1 mark)**
 5. **5. What is the name for the act of making sure everyone feels welcome and part of the group? (1 word) (1 mark)**
 6. **6. True or False: You should only be kind to people who are your best friends. (1 mark)**
 7. **7. Pip wants to show kindness to the environment. What should Pip do? A) Pick up litter in the park* B) Drop a sweet wrapper C) Pick all the flowers D) Ignore the garden. (1 mark)**
 8. **8. True or False: Listening carefully when someone is speaking is a form of kindness. (1 mark)**
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9. 9. Which of these is an example of a kind action? A) Pushing in the queue B) Interrupting someone C) Sharing your equipment* D) Keeping a toy to yourself. (1 mark)

10. 10. What is the word for understanding and sharing the feelings of another person? (1 word) (1 mark)

Draw: Draw a picture of Max the monkey and Pip the caterpillar working together to help a friend. Show them doing something kind, like sharing a book or helping someone up.



Extension challenge: Write a short poem or a 'kindness recipe' explaining three ingredients you need to be a great friend to others.