

The Power of Kindness with Leo and Pip

Learning objective: To understand the impact of kindness on ourselves and others, and to identify ways to show empathy in our school community.

Read each question carefully and think about how your actions can make a positive difference to the people around you. Answer in full sentences where possible.

Leo the lion and Pip the caterpillar are working together to build a community garden. They know that being kind is not just about big gestures, but about the small, everyday choices they make to help their friends feel valued and happy.

Word bank: empathy · supportive · considerate · inclusive · collaboration · compassion · respect

1. Leo notices a friend sitting alone at playtime. Using the word 'empathy', explain one kind action Leo could take to make his friend feel included. (2 marks)

2. Pip wants to show 'compassion' to someone who is feeling sad about a mistake they made in math. What is one supportive thing Pip could say to help them feel better? (2 marks)

3. Think of a time when someone was kind to you. How did it make you feel, and how did it change your mood for the rest of the day? (2 marks)

4. If you saw someone struggling to carry a heavy box of books in the hallway, why is it 'considerate' to offer help, even if you are in a rush? (2 marks)

5. List two ways you can show kindness to your classmates during group work to ensure everyone feels respected. (2 marks)

Draw: Draw a 'Kindness Tree'. On the leaves, draw or write things you have done or could do to be a kind friend at school.



Extension challenge: Write a short, heartfelt poem in the style of Leo the lion about why kindness is like a ripple in a pond—it starts small but spreads to touch everyone around it.