

# Building Healthy Friendships with Leo the Lion

*Learning objective: To identify the qualities of healthy relationships and understand how to be a supportive friend.*

Leo the Lion is writing a guidebook on friendship for the BookFlik forest. Below is a list of behaviors. Read each one carefully and sort them into two categories: 'Healthy Friendships' (things that make a friendship strong and happy) or 'Unhealthy Friendships' (things that can make a friendship feel difficult or sad). Write the correct heading for each item.

*Word bank: Listening carefully · Being bossy · Sharing toys · Telling lies · Including everyone · Laughing at someone's mistakes · Asking for help · Ignoring someone's feelings*

**1. 1. 'Listening carefully': Which category does this belong to and why? (2 marks)**

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**2. 2. 'Being bossy': Which category does this belong to and why? (2 marks)**

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**3. 3. 'Sharing toys': Which category does this belong to and why? (2 marks)**

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**4. 4. 'Telling lies': Which category does this belong to and why? (2 marks)**

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**5. 5. 'Including everyone': Which category does this belong to and why? (2 marks)**

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**Draw:** Draw a picture of you and a friend working together on a project. In speech bubbles, write two kind things you could say to your friend to show you are being supportive.



*Extension challenge: Think of one 'Friendship Rule' that you think is the most important. Write it on a star shape and explain to a partner why you chose that rule.*