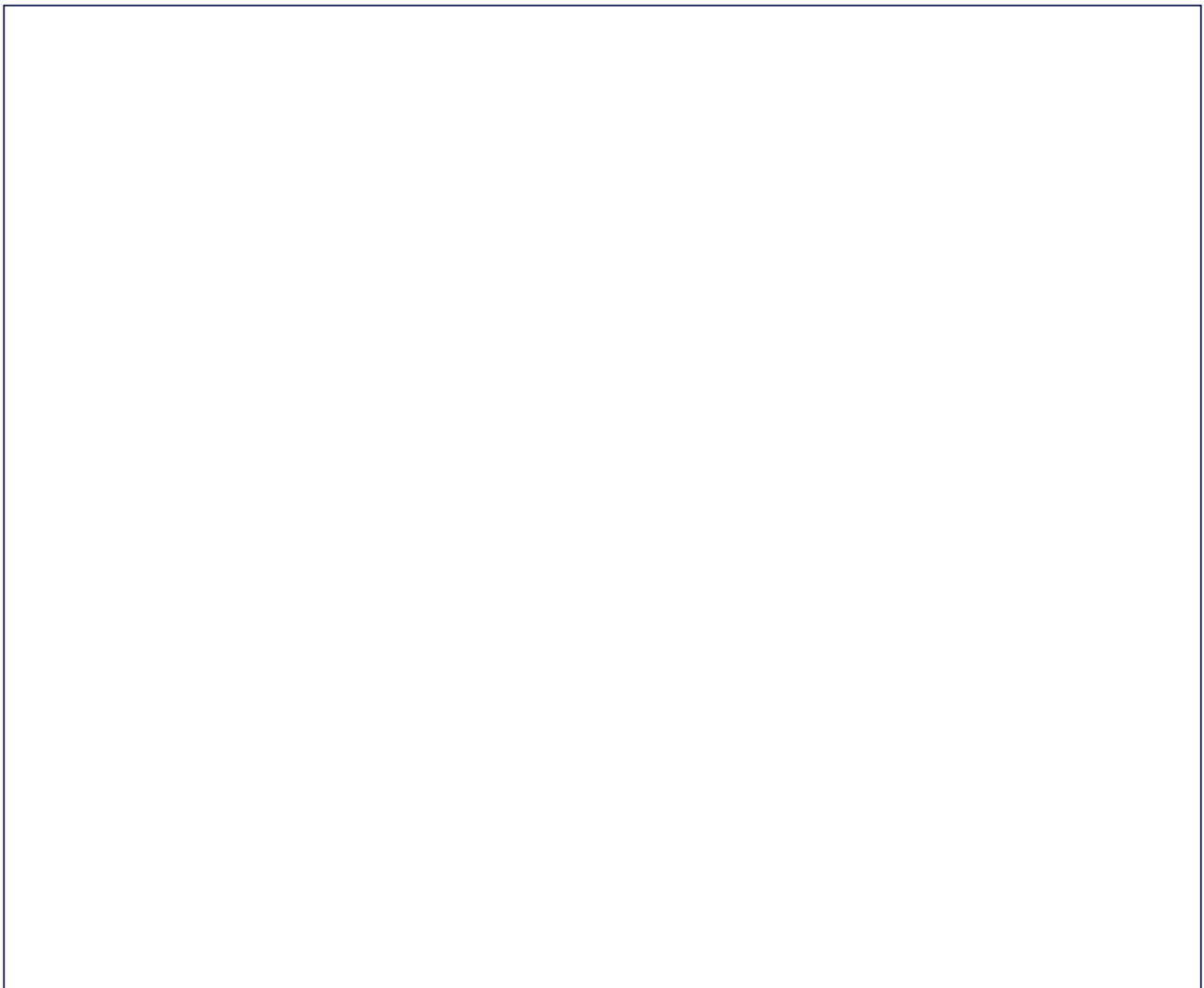


Building Strong Connections

Learning objective: To identify and illustrate the qualities that make a healthy and positive relationship with friends and family.

Use your imagination to create a 'Friendship Garden' where every flower and tree represents a positive quality in a relationship. Follow the drawing steps below, then use the word bank to label your garden features.

Draw: Create a vibrant, colorful 'Friendship Garden'. Style: Use bright colors for flowers and a warm, inviting tone. Include a large central tree, diverse shapes of flowers, and a path. Ensure there is clear space for labels. Include Nova the owl as a helpful guide sitting on the tree branch.



Label words: Trust · Kindness · Honesty · Active Listening · Respect · Support · Empathy

Steps:

1. Step 1: Draw a large, sturdy tree in the center of your page. Label the trunk with the quality you think is the most important foundation for any friendship.
2. Step 2: Draw three flowers around the tree. Label each flower with a different quality from the word bank that helps a friendship grow.
3. Step 3: Draw Nova the owl perched on a branch. Write a speech bubble for Nova explaining why 'Honesty'

is like the sunshine that helps a garden grow.

4. Step 4: Draw a path leading to your tree. Label the path with an action you can take to show someone you are a supportive friend.

5. Step 5: Write one sentence at the bottom of your sheet explaining why it is important to respect other people's boundaries in a relationship.