

Introduction to Buddhism Word Mat

Learning objective: To understand key beliefs, practices, and symbols within Buddhism.

Key Vocabulary

Use this mat to help you learn about Buddhism. The terms are grouped into: The Story of the Buddha, Beliefs and Teachings, and Practices and Symbols.

Siddhartha Gaut... The prince who became ...	The Buddha A title meaning 'The Enlighten...	Enlightenment A state of perfect knowledge...
Meditation Focusing the mind to find peace,...	Karma The belief that good actions lead to g...	Reincarnation The belief that a soul is rebor...
Nirvana The end of suffering and the cycle of...	The Four Noble T... The Buddha's main tea...	The Eightfold Path A practical guide of eight..
Mindfulness Being fully aware of where we ...	Compassion Showing kindness and wanting...	Dharma The laws of nature and the teaching...
Sangha The community of Buddhist monks, ...	Stupa A dome-shaped building used for med...	Lotus Flower A symbol of purity and rising ...
Wheel of Dharma A symbol representing the...	Monastery A place where monks and nuns l...	Temple A place of worship and prayer for B...
Which person in ...	Explain what 'Ka...	Why is the Lotus ...
What is the differ...	If Max the monke...	How does the Ei...