

Discovering Sikhism

Explore the beautiful traditions of Sikhism with Max and Pip!

- Sikhs believe in one God and that all human beings are equal, regardless of their background or gender.
- The Gurdwara is the Sikh place of worship, where the community gathers to pray and learn.
- The Guru Granth Sahib is the holy scripture of Sikhism and is treated with the utmost respect, like a living Guru.
- The Khanda is the important symbol of Sikhism, featuring a double-edged sword in the center of a circle.
- Sewa means 'selfless service', which is when Sikhs help others in their community without expecting anything in return.
- Many Sikhs wear a Turban to show their commitment to their faith and to protect their long, uncut hair.

Did you know? Did you know that every Gurdwara has a free community kitchen called a Langar? Here, people of all faiths and backgrounds sit together on the floor to eat a delicious vegetarian meal, showing that everyone is equal in the eyes of God!

Key vocabulary: Guru · Gurdwara · Langar · Khanda · Sewa · Equality