

A Day in the Life: Roman Britain Fact-File

Learning objective: To describe the daily life of a person living in Roman Britain and understand the impact of the Roman Empire on Britain.

Imagine you are living in Britain during the Roman occupation. Use this template to record your daily life. You can choose to be a Roman soldier, a merchant, or a craftsperson. Use the word bank to help you include historical vocabulary in your writing.

Word bank: Centurion · Toga · Villa · Aqueduct · Mosaic · Forum · Empire · Latin · Bathhouse · Britannia

1. My Identity and Home: Describe your name, your job, and what kind of building you live in. (2 marks)

2. A Roman Discovery: Explain one piece of Roman technology or architecture you use every day and why it is useful. (3 marks)

3. Daily Food and Drink: What are you eating for your main meal today? Mention ingredients that were introduced or grown during this time. (2 marks)

4. The Forum: Describe a visit to the local forum. What can you see, hear, or buy at the market stalls? (3 marks)

5. Reflection with Ellie: If Ellie the elephant were to visit your home, what is one thing about Roman life you would show her to help her remember this time in history? (2 marks)

Extension challenge: Research a Roman mosaic pattern. On the back of this sheet, draw your own mosaic design using geometric shapes and explain what it might represent.