

Year 4 Dance Discovery Flashcards

Learning objective: To understand, evaluate, and perform expressive dance movements, focusing on control, rhythm, and spatial awareness.

Use these cards to test your knowledge of dance terminology and techniques. You can use them to quiz a partner or practise your definitions.

Unison

When two or more dancers perform the exact same movements at the exact same time.

Canon

When dancers perform the same movement one after another, like a ripple effect.

Dynamics

The varying energy, speed, or force used to make movements look soft, sharp, heavy, or light.

Spatial Awareness

Being conscious of where your body is in relation to the space around you and other dancers.

Motif

A single movement or short phrase of movement that is repeated or developed throughout a dance to represent a theme.

Transition

The bridge or movement that connects one section of a dance to the next, ensuring the flow is smooth.

Posture

The way a dancer holds their body, keeping the spine aligned to ensure balance and elegance.

Tempo

The speed of the music or the pace at which the dance movements are performed.

Sequence

A series of movements linked together to form a specific part of a dance routine.

Expression

Using your face and body language to communicate a feeling, story, or character to the audience.

What is the importance of 'Spatial Awareness' when performing in a large group?

It ensures dancers do not collide, maintains the intended patterns of the choreography, and creates a balanced visual image for the audience.

Compare and contrast 'Unison' and 'Canon'.

Both involve multiple dancers performing similar movements, but Unison requires perfect synchronisation, whereas Canon requires a staggered or delayed timing to create a flowing sequence.