

Mastering the Court: Net and Wall Games

Learning objective: To understand the rules, tactics, and movement skills required for successful play in net and wall games.

Read each question carefully and use your knowledge of sports like tennis, badminton, or squash to explain your tactics. Max the monkey needs your help to solve these sporting puzzles!

Net and wall games require focus, agility, and clever thinking. Whether you are hitting a ball over a net or striking it against a wall, your goal is to make it difficult for your opponent to return the shot.

Word bank: Volley · Rally · Court · Trajectory · Tactics · Accuracy · Communication

1. Max is playing a game where he must hit a ball against a wall. Explain why aiming for the corners of the wall is a better tactic than hitting the centre. (2 marks)

2. In a net game, why is it important to move back to the centre of your side of the court after every shot? (2 marks)

3. If you are playing a doubles match, why is 'Communication' listed in the word bank as a key skill? (2 marks)

4. Describe the difference in your body position when you are preparing to hit a high shot versus a low, ground-level shot. (2 marks)

5. If you were buying new equipment for a school tournament and had a budget of £20, would you spend more on high-quality rackets or high-quality balls? Justify your decision. (2 marks)

Draw: Draw a bird's-eye view of a net game court. Label the 'centre' area and show with arrows where a player should stand to cover the most space.



Extension challenge: Design your own net or wall game! Give it a name, list two pieces of equipment you would need, and write down one rule that makes your game unique.