

Celebrating Black History Month: Honouring Contributions and Courage

Celebrate, Educate, and Inspire: Discover the Trailblazers Who Shaped Our World!

- **Why do we celebrate Black History Month?** It serves as a dedicated time to honour the resilience, creativity, and leadership of Black individuals who have made significant impacts on science, literature, politics, and social justice.
- **How can learning about historical figures change our perspective?** By studying the lives of pioneers like Mary Seacole, we gain a deeper understanding of the courage required to challenge injustice and improve the lives of others.
- **What does 'legacy' mean in this context?** It refers to the lasting positive influence that someone leaves behind, which continues to inspire future generations to strive for equality and excellence.
- **How does celebrating diversity help our community?** Recognising the unique talents and histories of every person helps us build a more inclusive, empathetic, and vibrant society where everyone feels valued.
- **Why is it important to highlight stories that have been overlooked?** History is often shaped by many voices; ensuring we hear stories from all backgrounds provides a complete and truthful picture of our collective human experience.

Did you know? Did you know that Black History Month in the UK was first celebrated in 1987? It was organised by Akyaaba Addai-Sebo, who wanted to create a time for people of all backgrounds to recognise the vital achievements of Black people throughout British history and beyond.

Key vocabulary: Contribution · Heritage · Inspiration · Resilience · Diversity · Legacy · Pioneer