

First Aid Fact-File: Becoming a Safety Hero with Max and Kit

Learning objective: To identify basic first aid procedures and understand the importance of seeking adult assistance during an emergency.

Use this fact-file to demonstrate your understanding of how to respond safely in an emergency. Imagine Max the monkey has had a small accident during a maths game and Kit the fox needs your expert knowledge to help him. Fill in the sections below to create your very own First Aid action plan.

Word bank: emergency · calm · adult · pressure · clean · bandage · danger · reassurance · triage · communication

1. The First Rule of Safety: Explain why it is vital to check for danger before helping someone, and describe how you would do this. (2 marks)

2. Seeking Assistance: Justify why you should always find a trusted adult immediately rather than trying to fix a serious injury alone. (2 marks)

3. Minor Injury Plan: Compare and contrast how you would treat a small graze versus a bump on the head. What steps are the same and what is different? (3 marks)

4. Communication: What specific information would you need to give to an adult or emergency operator when reporting an accident? (2 marks)

5. The Importance of Calm: Explain why staying calm is just as important as the physical first aid you provide. How does your behaviour affect the person who is hurt? (2 marks)

6. Reflective Thinking: What might happen if someone panicked during an emergency? How could a lack of organisation make the situation more difficult? (3 marks)

Extension challenge: Design a 'Safety Hero' badge that includes three key items a first aid kit should contain. Then, write a short paragraph justifying why these three items are the most essential for a Year 4 classroom kit. Finally, create a 'What If' scenario where you have to help a friend who has tripped in the playground; map out your steps in a logical sequence.