

The Pillars of Great Friendship with Leo the Lion

Be a Bridge, Not a Wall: Build Friendships That Last!

- **Trust is the foundation of friendship. It means being honest and keeping promises you make to your friends.**
- **Empathy is the ability to understand how someone else feels. When a friend is sad, a good friend listens and offers kindness.**
- **Respect means valuing your friend's opinions, even when they are different from your own, and treating their belongings with care.**
- **Good communication involves speaking kindly and being a patient listener who gives others a chance to share their thoughts.**
- **Inclusivity means making sure no one is left out and inviting others to join in with games and activities whenever possible.**

Did you know? Did you know? Research shows that having positive friendships can actually lower your stress levels and make you feel more confident when trying new things. Leo the Lion says that a true friend is like a star: you might not always see them, but you know they are always there for you!

Key vocabulary: Trustworthiness · Empathy · Respect · Loyalty · Communication · Inclusivity