

Building Stronger Friendships with Max and Leo

Learning objective: To understand the qualities of a healthy friendship and how to navigate challenges through empathy and communication.

Read each question carefully and think about how Max the monkey and Leo the lion would handle these social situations. Provide thoughtful, kind, and practical solutions.

Friendships change as we grow older. Sometimes we might disagree on which game to play or how to solve a problem. Max the monkey loves to solve puzzles, but sometimes he forgets to ask his friends what they want to do. Leo the lion is a great leader, but he sometimes finds it hard to share his feelings when he is upset. By using clear communication and showing empathy, they can keep their friendship strong and happy.

Word bank: Empathy · Communication · Compromise · Trust · Honesty · Support · Boundaries · Resolution

1. Max wants to play a maths game, but his friend wants to draw pictures instead. Explain how they could use 'compromise' to ensure both friends are happy. (2 marks)

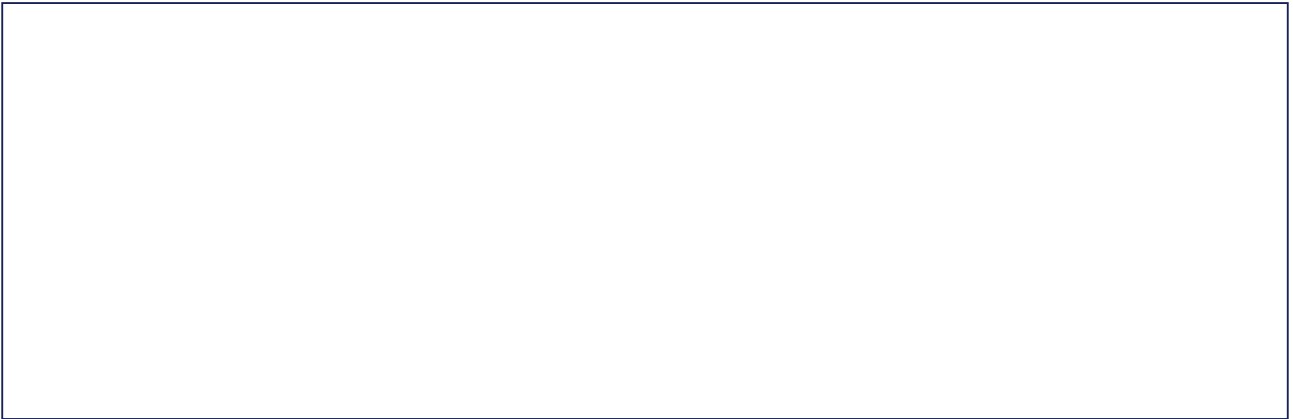
2. Leo is feeling sad because he feels left out, but he doesn't want to tell his friends. Why is it important to practice 'honesty' in a friendship, and how could Leo speak to his friends about his feelings? (2 marks)

3. Define the term 'empathy' and give one example of how you can show empathy to a friend who is having a difficult day at school. (2 marks)

4. Imagine a friend asks you to do something that makes you feel uncomfortable. Explain why setting 'boundaries' is a healthy part of a friendship. (2 marks)

5. List two qualities that make someone a 'good friend'. Explain why these qualities help a friendship last a long time. (2 marks)

Draw: Draw a picture of Max and Leo working together on a collaborative project. Show them using teamwork and kind expressions to demonstrate a healthy friendship.



Extension challenge: Write a short 'Friendship Recipe'. List five ingredients (qualities) that you think are essential for a perfect friendship and explain why each one is important.