

Keeping Safe with Kit and Leo

Learning objective: To identify strategies for staying safe in different environments and understanding how to seek help from trusted adults.

Kit the fox and Leo the lion are planning a day out. Read the scenarios below and decide if the situation is 'Safe', 'Risky', or 'Uncertain'. For each choice, justify your reasoning using the vocabulary provided. You must explain what action should be taken to ensure personal safety.

Word bank: Trusted adult · Emergency · Boundaries · Consent · Support network · Risk assessment · Alert · Communication

1. Scenario 1: You are at the local park and a stranger you do not know approaches you, offering a gift and asking you to walk away from your group to see something behind a tree. Explain why this is a risky situation and name two people in your personal support network you would tell. (4 marks)

2. Scenario 2: You are online playing a building game and a player you have never met asks for your full name, home address, and the name of your school. Justify why you must refuse this request and explain what you should do next. (3 marks)

3. Scenario 3: You and your friends are playing near a riverbank. One friend suggests jumping onto a slippery, mossy rock that looks unstable. Compare the potential risks and benefits of this action. Is it worth the risk? Why? (3 marks)

4. What might happen if you decided to keep a secret about an uncomfortable situation from your trusted adults? Justify why open communication is vital for safety. (3 marks)

5. Describe the characteristics of a 'trusted adult'. Why is it important to have more than one person in your support network? (3 marks)

6. If you found yourself in a situation where you felt unsafe but were unsure if it was a true emergency, what steps would you take to assess the danger? (2 marks)

Draw: Draw a 'Safety Map' of your home or school. Use a green colour to highlight safe areas where you feel comfortable and a red colour to mark areas where you would need to ask an adult before entering or using equipment.



Extension challenge: Imagine you are designing a 'Safety App' for children. Write a list of three core rules the app would teach to help children stay safe in public, and explain the reasoning behind your rules using higher-order vocabulary like 'prevention', 'autonomy', and 'vigilance'.