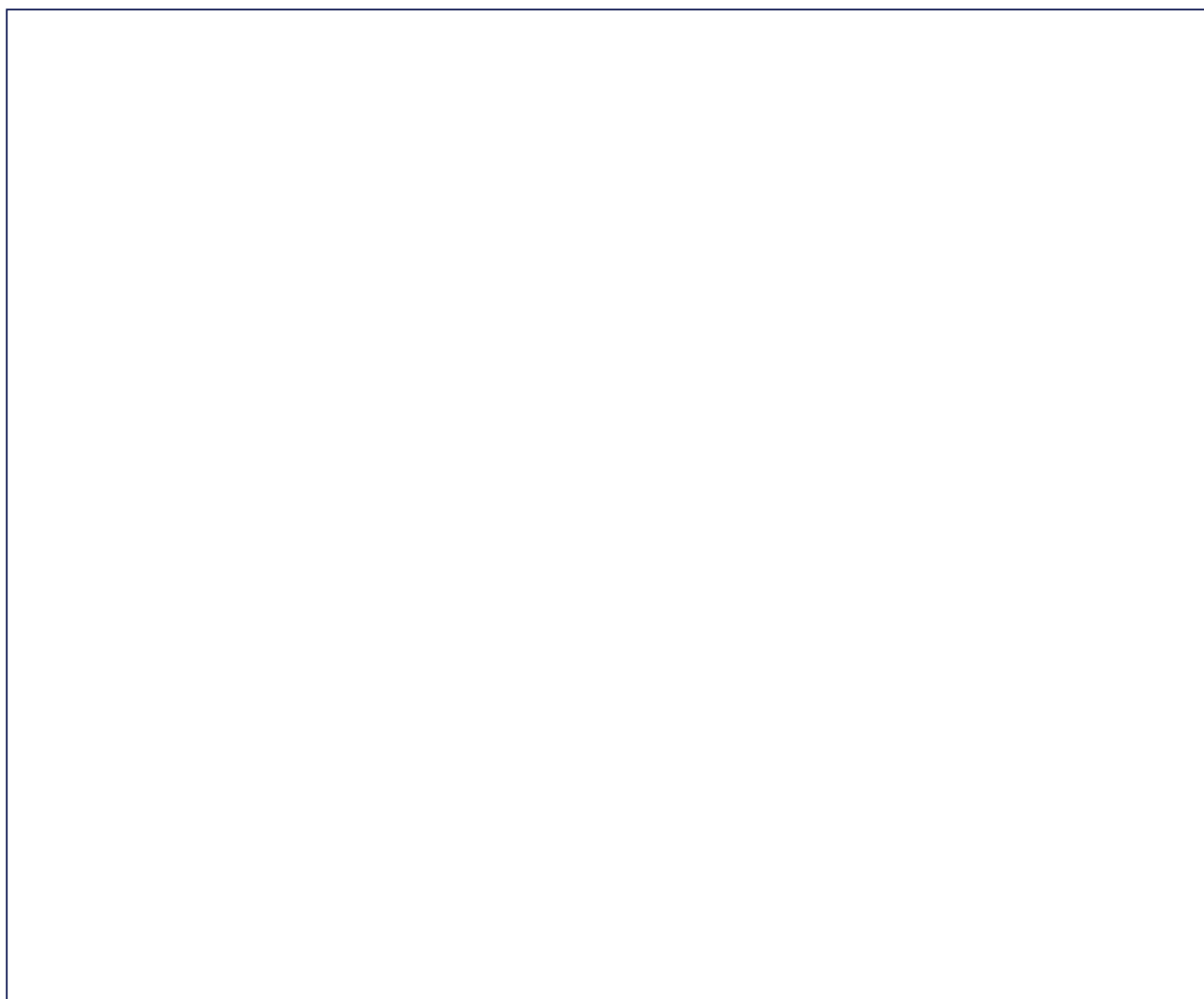


Building Our Garden of Relationships

Learning objective: To identify and describe the qualities that make a healthy, positive relationship between friends and family members.

Use your imagination to create a 'Relationship Garden'. Think about the qualities that help friendships and family bonds grow strong, like flowers in a garden. Use the drawing prompt below and add labels from the word bank to explain your choices.

Draw: Draw a large, vibrant garden scene. In the centre, draw a central tree that represents a strong bond between two people. Around the tree, draw different flowers and plants, where each plant represents a positive quality (like kindness or trust). For example, you might draw a 'Kindness Lily' or a 'Trust Sunflower'. Use colourful patterns and clear labels to explain how each plant helps the 'Garden of Relationships' flourish. Include Pip the caterpillar resting on a leaf to show that relationships need patience and time to grow.



Label words: Trust · Kindness · Honesty · Active Listening · Respect · Support · Empathy · Shared Interests

Steps:

1. Identify one quality from the word bank that you think is most important for a friendship. Explain why you chose this quality.
2. Think about a time you showed kindness to a friend or family member. Describe how that action helped

the relationship grow.

3. Compare and contrast a relationship with a sibling versus a relationship with a classmate. What is similar and what is different?
4. Justify why 'Active Listening' is considered a vital skill for maintaining healthy relationships.
5. What might happen to a relationship if 'Honesty' is missing? Explain your reasoning.
6. In your drawing, which element represents 'Support'? Describe the visual symbol you used to represent this.