

The Path of Enlightenment: Sorting Buddhist Beliefs

Learning objective: To identify and understand key concepts, symbols, and practices within the Buddhist faith.

Ellie the elephant has been reading about the history and teachings of Buddhism. Help her organise these important concepts by sorting them into three categories: 'The Buddha's Life', 'Core Teachings', and 'Buddhist Practices'. Write each item from the word bank into the correct section of your table below.

Word bank: Siddhartha Gautama · The Noble Eightfold Path · Meditation · The Four Noble Truths · The Bodhi Tree · Wesak Festival · Mindfulness · Lotus Flower

1. Draw a table with three columns labelled 'The Buddha's Life', 'Core Teachings', and 'Buddhist Practices'. Sort the items from the word bank into the correct columns. (6 marks)

The Buddha's Life	Core Teachings	Buddhist Practices

2. Why do Buddhists choose to practise meditation? Explain how it might help a person in their daily life. (2 marks)

3. What does the Lotus Flower represent in Buddhism, and why is it a significant symbol? (2 marks)

4. Name one of the Four Noble Truths and describe what it teaches about human suffering. (2 marks)

5. If you were planning a celebration for the festival of Wesak, what kind of atmosphere would you try to create and why? (2 marks)

Draw: Draw a Lotus Flower and label the parts of the drawing that represent peace and growth.



Extension challenge: Research the 'Noble Eightfold Path'. Choose one of the eight steps, such as 'Right Speech' or 'Right Action', and write a short poem about how a Year 5 student could show this value in the classroom.