Talking to the World: What is Prayer?

Join Pip the caterpillar and Ellie the elephant as we explore the quiet and special moments of prayer!

- **Prayer is a special way for people to talk to someone or something they believe in.**
- **Many people use prayer to say 'thank you' for the good things in their lives, like family and friends.**
- **Some people find that being very quiet helps them to think about their thoughts and feelings.**
- **People can pray in many different places, such as a home, a church, a mosque, a temple, or even in a beautiful park.**
- **Prayer can be spoken out loud with words, or it can be a silent thought held inside the heart.**
- **Asking for help or guidance for other people is a common reason why someone might choose to pray.**

Did you know? Did you know? People all around the world use prayer to share their hopes and dreams. Some people fold their hands, some light a candle, and some sit very still in nature to feel peaceful.

Key vocabulary: Prayer · Quiet · Thank you · Hope · Listen · Reflect