

Exploring Prayer: A Reflective Drawing Sheet

Learning objective: To understand that prayer is a way for people of different faiths to communicate with the divine, and to explore how prayer is expressed through action, place, and stillness.

Use your imagination to create a scene that shows what prayer means to different people. Follow the drawing prompt below, use the word bank to label your work, and then answer the questions to reflect on your design.

Draw: Draw a scene that represents 'A Moment of Reflection'. You may choose to draw a person in a quiet garden, inside a peaceful building, or in a calm room at home. Include details that show how they are focusing, such as closed eyes, folded hands, or a special object. Use soft, warm colours to create a sense of peace. You must label your drawing using at least three words from the provided word bank.



Label words: Stillness · Gratitude · Sacred Space · Intention · Reflection · Community

Steps:

1. Identify one place where someone might choose to pray and explain why they might choose that location.
2. Why do you think some people find it helpful to use special objects, like beads or mats, during their time of prayer?
3. Label your drawing with at least three words from the word bank to show the 'mood' of your scene.

4. What is the difference between praying alone and praying as part of a community?
5. If you were designing a peaceful space for someone to pray, what is one thing you would include to help them feel calm?