

Exploring Prayer: A Journey with Pip and Ellie

Learning objective: To understand the meaning, purpose, and different methods of prayer in various religions.

Read the front of each card to test your knowledge of prayer. Flip the card to check your answer. Keep practising until you can explain these concepts clearly!

What is the general definition of prayer?

Prayer is a way for a person to communicate with God or a divine being, often involving thoughts, spoken words, or silence.

What is 'Adoration' in the context of prayer?

Adoration is a type of prayer that focuses on praising and showing deep love or respect for God.

In a prayer of 'Confession', what is a person doing?

A person is admitting to mistakes or wrongdoings and asking for forgiveness.

What does 'Thanksgiving' mean when praying?

This is a prayer where a person expresses gratitude for the good things in their life or the world around them.

What is 'Intercession'?

Intercession is praying on behalf of other people, such as asking for help, healing, or comfort for someone else.

How might a person use 'Meditation' as a form of prayer?

It involves sitting in silence, clearing the mind, and focusing on a sacred thought or presence to feel closer to the divine.

Why do some religions use prayer beads or mats?

These are physical objects used as aids to help a person focus their concentration or count their prayers during rituals.

True or False: Prayer always has to be spoken out loud.

False. Many people pray silently in their hearts or through quiet reflection.

How does Pip the caterpillar show 'Thanksgiving' in nature?

Pip might pause while eating a leaf to appreciate the sunshine and rain that helped the leaf grow, viewing it as a moment of gratitude.

Why might Ellie the elephant suggest that prayer helps a community?

Ellie might explain that praying together creates a sense of shared hope, unity, and support for one another during difficult times.

What is a 'Liturgical' prayer?

A liturgical prayer is a set form of words that is written down and used by a community in a specific order during a service.

What does it mean to pray with 'Supplication'?

It means to humbly ask God for help, guidance, or a specific need for oneself.